## Immune monitoring of patients with multiple sclerosis

Katherina Psarra Dept Immunology - Histocompatibility Evangelismos Hospital Athens

### Conflict of Interest Disclosure

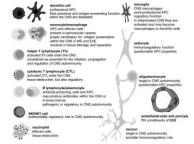
In accordance with criterion 24 of document UEMS 2012/30 "Accreditation of Live Educational Events by the EACCME®" we herewith declare to have submitted a Conflict of Interest Disclosure Form to ESCCA.

This COI Disclosure Form can be viewed at the ESCCA 2019 Conference website <a href="https://www.escca.eu/norway2019">www.escca.eu/norway2019</a>

- Programme section / Accreditation page

1

### Contribution of immune cells in MS pathogenesis



### CD4+ lymphocytes

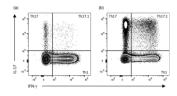
 combined IFN-gand IL-17-driven condition

2

- condition
   PB Th17 cells may also be indicative of relapse
- Higher proportions of total GM-CSF+, GMCSF+/IFN-gand GM-CSF+IFNg+CD4+ T cells
- Lower proportion of Tregs

4

6



A. P. Jones et al Clin and Exper. Immunology 2017

## Hallmarks on the understanding of the role of the Th17 pathways in MS

- Increased IL-17 found in the blood and CSF of RRMS patients, especially during relapse
- ullet IL-17-producing T cells identified in EAE

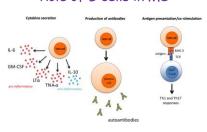
3

5

- Increased Th17 cells and IL-17 found in the brain of MS patients
- IL-17 production correlates with MRI activity
- Secukinumab (anti-IL-17A monoclonal antibody) reduces MRI lesions in a phase II clinical trial

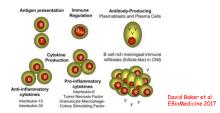
Dos Passos GR et al. Mediators Inflamm 2016.

### Role of B cells in MS

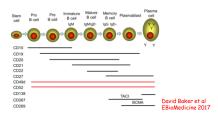


Nguyen et al Br J Pharmacolog 2017

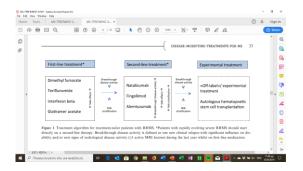
## Potential B cell functions in multiple sclerosis



## B cell lineage and surface marker expression



7



The role of cytometry lab?

8

9 10

### Biological drugs

A substance that is made from a living organism or its products and is used in the prevention, diagnosis, or treatment of cancer and other diseases. Biological drugs include antibodies, interleukins, and vaccines. Also called biologic agent and biological agent.

- Immune check point inhibitors (PD-1, PD-L1, and CTLA-4 targets)
- Immune Cell Therapy (also called Adoptive Cell Therapy or Adoptive Immunotherapy) (TILs, CAR T cells)
- Therapeutic antibodies
- Immune-Modulating Agents
- Therapeutic Vaccines

### Among the 10 top biologic drugs in USA

- Humira TNF blocker for Rheumatoid arthritis, plaque psoriasis, Crohn's disease, ulcerative colitis, ankylosing spondylitis, psoriatic arthritis, polyarticular juvenile idiopathic arthritis
   rheumatologists, gastroenterologists
- Rituxan (rituximab) anti CD20 for Non-Hodgkins lymphoma, chronic lymphocytic leukemia, rheumatoid arthritis, multiple sclerosis rheumatologists, hematologists, neurologists
- Anovex interferon  $\beta$  for multiple sclerosis

neurologists

11 12

### Response of MS patients to IFNB

- Basal blood immune cell subsets contribute to identify MS patients with a high probability of showing an optimal response to IFN-beta.
- Percentages below 3% of CD19 + CD5 + cells
- or above 2.6% of CD8 + perforin + T cells
- increased the probability of achieving no evidence of disease activity status during treatment.

Raquel Alenda et al J of Neurology 2018

Multicenter study for the gating strategy regarding CD19+CD5+ and CD8+perforin+ cells for the study of the MS patients before IFNB treatment

Noelia Villarrubia et al Clinica Chimica Acta 2019

13 14

### fingolimod

- sphingosine-1-phosphate receptor modulator,
- Immunomodulating drug
- It sequesters lymphocytes in lymph nodes, preventing them from contributing to an autoimmune reaction.

### fingolimod

- Significant decrease of CD3+CD4+ T lymphocytes, increasing with time on the drug.
- · Significant increase in NK lymphocytes
- It can explain the adverse effects noted by clinicians, like sysceptibility to infections

Julia Rudnicka et al Clinical Immunology

15 16

### Monoclonal Antibodies

· Anti-B cell therapies

B-Cell Depletion Therapies (With Anti-CD20) Continue to Expand in the Treatment of Immune-Mediated Diseases

- Approved Usages
  Server Rhownetoid Arthritis
  (Anti-TINF Failures)
  ANCA-mediated vasculitis
  ANCA-mediated vasculitis
  (Wegener) and Microscopic Polynagiitis
  (Wegener) and Microscopic Polynagiitis
  Relapsing-Rentliting MS
  Primary Progressive MS
  Renal and Extra-Renal SLE
  ITP
  Lidepathis Mm-

- ITP
   Idiopathic Membranous Nephropathy
   Ig64-Related Nephropathies
   Optic Neuromyelltis
   Cryoglobulinemic vasculitis
   Anti-HLA Abs Removal in Transplants

# Other Applications (Literature) Other Applications (Literature Signers Syndromene Sideroderna Myestits Anni-Thospholipid Syndrome TTP Automated Park Syndrome TTP Automated Park Syndrome TTP Automated Park Syndrome TTP TTP TTP Syndrometry boxed diseases Chronic Gentlers and Syndrometry Synd

17 18

### Examples of monoclonal antibodies

- Rituximab anti-CD20
- chimeric mouse-human IgG1k mAb that binds to the CD20 cell surface epitope on circulating B-cells
- Although rituximab has not been approved for the treatment of MS, it can be approved for off-label use in certain countries and it is definitely in use.
- · More studies are to follow.

### Examples of monoclonal antibodies

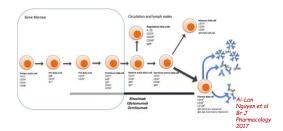
- Ocrelizumab anti-CD20
- Recombinant humanized IgG1 antibody that binds to a different but overlapping epitope compared with rituximab
- Approval 2017??

19 20

### Examples of monoclonal antibodies

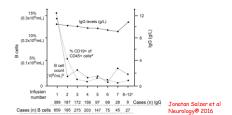
- Ofatumumab anti-CD20
- Totally human Ig61 antibody that binds to a different but overlapping epitope compared with rituximab
- Approval expected to be complete by July 2019

### B cell stages of differientiation- MoAbs action

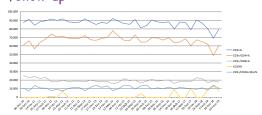


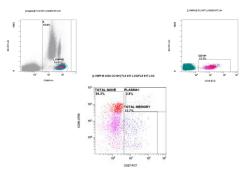
21 22

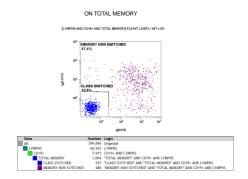
### B-cell and immunoglobulin G (IgG) levels before and during rituximab treatment in multiple sclerosis cases



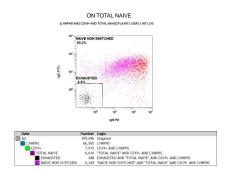
## MS patient under Rituximab treatment follow-up

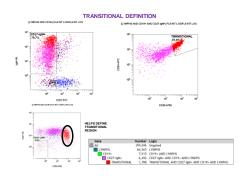




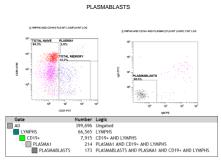


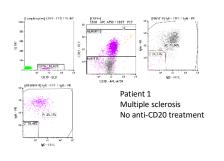
25 26



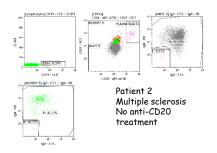


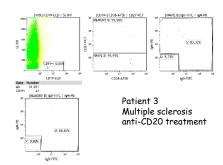
27 28



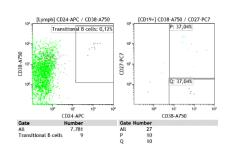


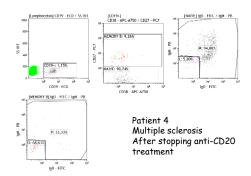
29 30



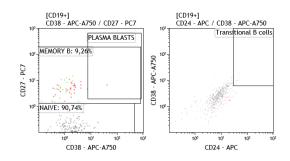


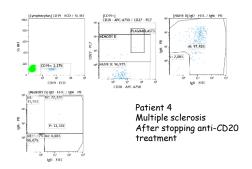
31 32



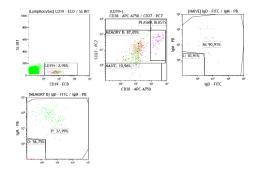


33

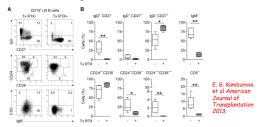




35 36



Phenotypic and functional characterization of lymph node (LN) B cells after a single Rituximab dose (no B cells in PB)



38

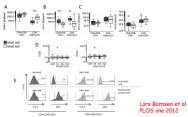
### Examples of monoclonal antibodies

• Natalizumab for MS

37

- · humanized IgG4 mAb
- directed against the a4 subunit of the a4B1 and a4B7 integrins
- prevents migration of leukocytes through the blood-brain barrier
- modulating leukocyte recruitment and activation in the CNS
- Increase of pre-B cells in PB (Krumbholz et al., 2008; Saraste et al., 2016)
- Approved 2004 / suspended 2005 (PML) by infection of oligodendrocytes by the John Cunningham Virus (JCV) / approved 2006 FDA, EU under follow-up

Natalizumab treatment selectively increased the effector memory T-cell pool but not the activation state of T-cells in the blood



39

Long term follow up of PB lymphocyte subsets after Natalizumab treatment

T. Kudriavtseva et al, Clin and Exper Immunology 2013

### Examples of monoclonal antibodies

### · alentuzumab for MS

- humanized IgG1 mAb
- directed against CD52
- rapid and profound depletion of CD52+ cells by three mechanisms:
- · antibody dependent
- cell-mediated cytotoxicity (ADCC),
- · complement dependent cytotoxicity (CDC) and
- Complement appendent Cytoloxicity (C.D.C) and
   induction of apoptosis (Freedman et al., 2013; Ruck et al., 2015), with ADCC being
   the most likely predominant mechanism (Knier et al., 2014; Lycke, 2015).
   This is by repopulation of peripheral T- and B-lymphocytes with an alteration in the
   number, proportions and functions of certain lymphocytes subsets, such as increased
   regulatory T-cell subsets and memory T-cells (Hartung et al., 2015; Milo, 2016).
- · predominance of immature and, later, naïve-memory B-cell subsets
- Approved 2013, 2014

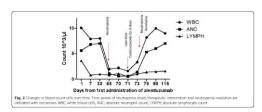
41

42



43 44





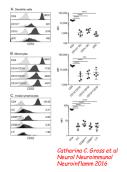
Neutropenia with

- CD3-CD(16 + 56+): 47%
- CD3 + CD8+ T cells increased compared to baseline
- ullet No B cells, very low CD3+CD4+ cells
- On 70th day 500/µl ANC, treatment discontinued
- Neutropenia resolved
- LGL (50% decrease) but % of NK cells high (48%), CD3+CD8+ % normal
- Immune derived neutropenia due to the MoAb treatment
- MS remission

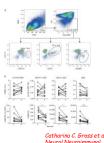
46

45

CD52 expression on innate lymphoid and myeloid cells



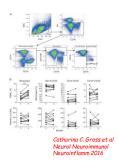
Alemtuzumabinduced changes in the dendritic cell compartment



Catharina C. Gross et al Neurol Neuroimmunol Neuroinflamm 2016

47 48

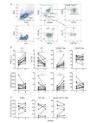
Alemtuzumabinduced changes in monocytes



Alemtuzumabinduced changes in the innate lymphoid cell (ILC) compartment

6 months after alemtuzumab treatment, specific DC subsets are reduced, while CD56bright NK cells expanded in patients with MS

Could it lead to autoimmunity?



Catharina C. Gross et Neurol Neuroimmunol

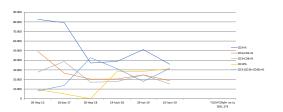
49

50

### Examples of monoclonal antibodies

- · Daclizumab for MS
- ·humanized IgG1 mAb
- directed against CD25a
- expansion of immunoregulatory CD56 bright natural killer (NK) cells, which can utilize IL-2 via their low-affinity IL-2 receptor (Knier et al., 2014).
- · Approved 2014 FDA, EU

### MS patient follow up



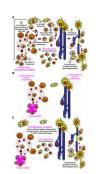
52

51

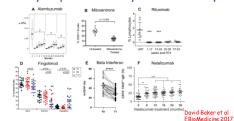
Memory B Cells are Major Targets for Effective Immunotherapy in Relapsing Multiple Sclerosis

Therapies targeting CD4+ cells seem to decrease memory B cells as well.

> David Baker et al EBioMedicine 2017



Active DMD in MS physically or functionally deplete memory B cell activity.



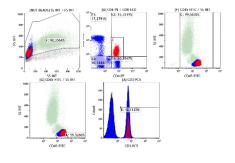
### Other populations to be studied

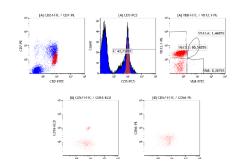
- Th17 cells
- TregsProinflammatory CD20+ T cellsMyeloid and DCs

### Examples of monoclonal antibodies

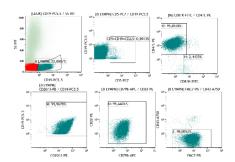
- Humira TNF blocker
- Associated with lymphomas

55 56





57



Many thanks to

• Serafeim Karathanos

58

60



59